

## Ten Questions to Focus the Rest of Your Life

1. What do you feel deeply burdened by, and uniquely qualified to deal with? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
2. What do you ultimately want to achieve, or become? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
3. What are your greatest strengths, talents or gifts? What do you do best? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
4. Describe yourself - make an exhaustive list of every adjective you would use to describe yourself - both positively and negatively: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
5. What is heavy on your shoulders/overwhelming you? What decisions are causing you the most stress? What's out of control? Where are you being indecisive? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

6. What's the one thing that's holding you back more than anything else? What problem, if you could solve, would allow everything else to just flow? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
7. If you could only do three things in your life time, what would you choose? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
8. What should you stop doing, give up, or cut down on, to free up more time for matters of greater priority and eternal significance? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
9. What can I postpone, or delegate to someone else? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
10. What are your most important priorities and projects that you need to focus on in the next three to six months? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_