

now have the opportunity to make a better choice, not only for yourself but also for your child.

*"...Choose Life so that you and your children may live..."* Deuteronomy 30:19

By Laurie Turnow, Heritage House '76 Inc, USA, Used with permission.

Killing a child in the womb is a violation of God's clear Commandment: **"You shall not murder"** Exodus 20:13. The breaking of God's Law is serious. God says that murderers, thieves, liars and idolaters deserve to spend eternity in hell (Revelation 21:8). Because we have sinned, we deserve the wrath of God. But God in His mercy has made a way of Redemption. He sent His Son Jesus Christ to live a perfect life, and die as a substitute for sinners! Jesus endured the wrath of God on the Cross. Three days later He rose from the dead, proving He has authority to make Atonement for your sin. Repent (turn from your sins) and trust in the resurrected Lord Jesus Christ as your hope. All who do will live! God will grant you a new heart with new desires to follow Him.

*"He who has the Son has life;  
he who does not have the Son of God  
does not have life."* 1 John 5:12

**24-Hour crisis pregnancy counseling -  
Doctors for Life:** 081 441 6462.

For Crisis Pregnancy Centres, Mothers Homes, and pre and post abortion counseling contact:  
**Africa Cares for Life:** 031-903 2640, [office@afriacaresforlife.org.za](mailto:office@afriacaresforlife.org.za), [afriacaresforlife.org.za](http://afriacaresforlife.org.za).  
**Africa Cares for Life** can put you in touch with a Pregnancy Centre in your area.

To find out more about **adoption** contact:  
**Abba Adoptions:** 021-949 9321, [info@abbaadoptions.co.za](mailto:info@abbaadoptions.co.za), [www.abbaadoptions.co.za](http://www.abbaadoptions.co.za)

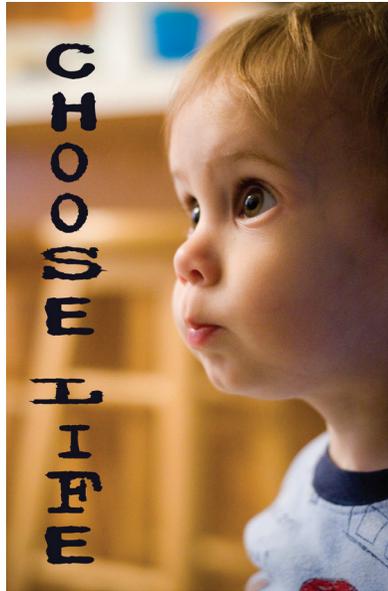
### **Pro-life Resources and Action:**

Get involved in speaking up for the pre-born. Contact Africa Christian Action for information and resources, or to invite a pro-life speaker to your school or church. Pro-life resources available include books, DVDs, posters, T-shirts, sermons, tracts, baby models and Precious Feet lapel pins. Tel: 021-689 4481, E-mail: [info@christianaction.org.za](mailto:info@christianaction.org.za), web: [www.christianaction.org.za](http://www.christianaction.org.za)

*"Speak up for those who cannot speak for themselves."* Proverbs 31:8

### **Africa Christian Action**

PO Box 23632  
Claremont  
7735 Cape Town  
South Africa  
Tel: 021 689 4481  
E-mail: [info@christianaction.org.za](mailto:info@christianaction.org.za)  
Web: [www.christianaction.org.za](http://www.christianaction.org.za)



# Considering Abortion?

**Get the facts first.  
Lives are at stake!  
Responses to the 10 most common  
reasons women consider abortion:**

## **1. I can't let my parents know — they'll kill me!**

Have your parents ever killed anyone before? Unless they really are violent, you mean they will be very upset. And you are probably right. Give your parents some credit, though They did not make it to adulthood without experiencing disappointment. Your parents have had dreams shattered and hopes dashed, yet they have survived. Abortion involves the life of their grandchild. It seems only fair to include them, even if they will initially be shocked by the news. Open communication is key. Keeping a secret — for years and years — will add unhealthy stress to your system. Let's be honest, you don't need more of that!

## **2. I can't support myself, much less a baby. I want to finish school.**

It can be very scary to have financial difficulties, but there truly are a lot of possible solutions. Social service agencies offer temporary assistance with food, medical care and even babysitting. Today's schools often help single mothers or a job could always come through. Church groups will sometimes step up. A lot can change financially in nine months! Another alternative would be to place the baby in a loving adoptive home. What an honourable act! Of course there can be heartache and grief with this choice. But, while abortion often carries guilt and shame, adoption gives hope for a positive future. That is a good outcome for both you and your baby. (See the end of this leaflet for details of Pregnancy Centres and Adoption Agencies).



### 3. Well, it is legal.

Yes, but many things that are legal (smoking, cheating on your partner, gambling) may not be right for you. And our country is in conflict about the legal worth of a pre-born baby. If a pregnant woman dies in a plane crash, her baby's life is counted in the death toll. Likewise, a pre-born baby is protected from a mother who is abusing drugs. The woman can be put in jail, while pregnant, to protect the baby's health. Laws and opinions are constantly changing. Many women who have had abortions now speak publicly against it. And some women have launched court cases over the damage done to them from their "safe and legal" abortions. Don't depend on the legal system to make your own moral choices for you!

### 4. My boyfriend will break up with me if I don't have an abortion.

Here's the sad truth. Your boyfriend will probably break up with you anyway, especially if you both are young, or haven't been dating long. If you get the abortion, you will always remind him of something he isn't proud of. If you don't, he may resent that he has to pay child support and take responsibility as a father. Either way, it isn't wise to make a life-altering decision based on what someone else dictates. Remember that the baby's father has no legal rights when it comes to abortion. He cannot force you to have one, and you should not give him the power to do so. Is a guy who would break up with you for not ending your baby's life really worth trusting with this decision anyway?

### 5. My mother is pressuring me to have an abortion.

Some parents suggest abortion because a pregnancy will impact their own lives in negative ways. But most really do put their children first, wanting what is best for them. Your mother may sincerely desire to take away your pain. She may believe the lie that abortion is an easy way out. Your mom may feel she had her own child too young, or at the cost of her own education. She may not wish the same to happen to you. She may have had an abortion herself and see it as the answer. But what your mother may not realize is that there is a negative impact on most women. In one survey, 9 out of 10 women who have had an abortion regret their decision, while 7 out of 10 reported feeling bitterness and despair afterward. If she knew the facts about the potential physical and emotional consequences for the daughter she loves, your mother would instead choose to support you in the pregnancy. Chances are your mother is glad she did not abort you.

### 6. Getting pregnant was an accident. I just want to undo it.

Many people can relate to the feeling of desperately wanting to turn back time, but there just is no way to reverse a pregnancy. Once conception has occurred, there is a baby who needs to come out — either in pieces from an abortion or whole and alive through a birth. A normal pregnancy lasts only 40 weeks, a relatively short amount of time in the whole of your life. Carrying your baby to term and then placing the baby for adoption could make what you now consider "a mistake" a huge blessing for others. Choosing abortion over adoption because you know you would naturally become attached to your baby throughout the pregnancy means that you recognize there will be pain at separation. That pain will lessen over time and be eased by knowing you made the unselfish choice to offer your baby the good life she deserved. If you fear your baby won't be brought up in a loving adoptive home, try to imagine what could be less loving than ending his or her life.

### 7. I don't like what pregnancy will do to my body.

While it is true that pregnancy causes changes in your body, many women actually celebrate

those changes and stay in great shape. But, if you are honestly fearful of what being pregnant may do to you, consider also what abortion can do. The most common, immediate, and short-term complications include excessive bleeding, infections, intense pain, high fever, incomplete removal of the baby or placenta (which can cause life-threatening infections and sterility), PID (pelvic inflammatory disease), and a punctured or torn uterus. Abortion can also result in problems with reproductive organs that can make it difficult to conceive or carry a child to term in the future. For pregnant women who have previously had abortions, they now have a 200% increased risk of miscarriage. They are also at increased risk for 12 mental health problems, including panic attacks and major depression. You are really not doing your body any favours by subjecting it to an abortion.

### 8. It's not really a baby. It's just a "blob of tissue".

The fact is that upon fertilization 23 chromosomes from each parent have joined to form a 46-chromosome, complete individual with the eye colour, shoe size, and sex already determined. Only oxygen and nutrition are added in the womb. An ultrasound at the earliest stages of development will reveal the specific features of a unique person miraculously being formed. And consider this: those in post-abortion support groups across the country are not there to mourn the loss of their "blobs of tissue," but their lost babies.



View: [www.Gosnellmovie.com](http://www.Gosnellmovie.com)

### 9. I'm pregnant because of a rape.

Carrying this baby to term must seem unthinkable! Although society would give you "permission" and even encouragement to abort, please don't jump to that as the obvious choice. Adding another violent act, abortion, to the horrible thing that has already happened to you, will only complicate your healing process. You are in a very unusual circumstance (conception from rape is extremely rare) and it is understandable that you would be frantic. But don't allow the rapist to add to your emotional turmoil by causing you to end the life of an innocent child. Offering your baby up for adoption is the loving option.

### 10. I have to have an abortion. There's no other way!

Let's stop to think of some other possibilities. Find people and agencies who help women with unintended pregnancies and ask them for creative ideas (see below for details). Yes, your lifestyle with your current friends will change. But you will be amazed at how supportive others can be (including pastors, counsellors or staff at a local pregnancy centre). Take comfort in God's promises and ask Him to guide your decision as you take a deep breath, gather information, view an - ultrasound and consider every alternative. Respect the life He has created within you, despite the circumstances. Safeguard your own future health and well-being by confidently doing the right thing. You may not be happy with decisions made by you, or others, in the past. But you